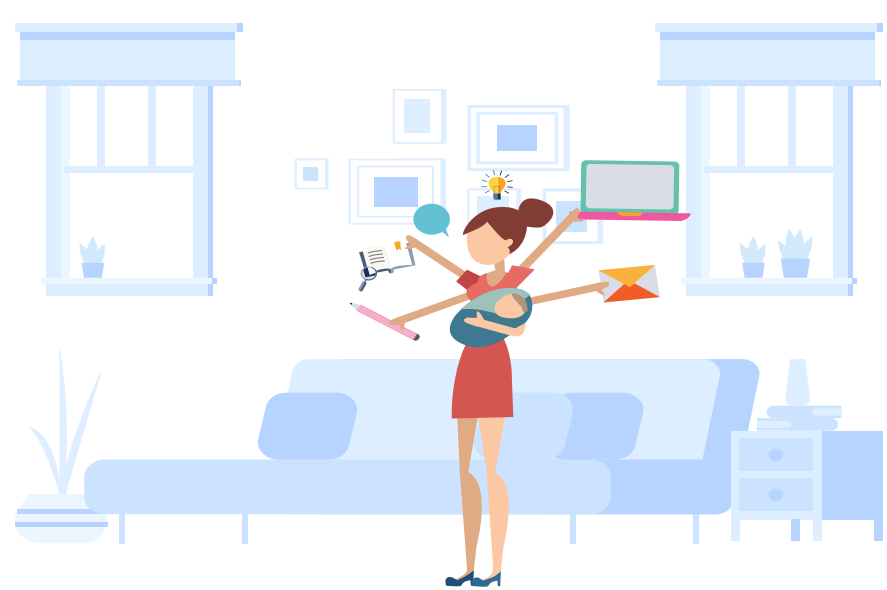


If you are  
being hurt  
you do not  
have to  
**#stayathome**



There is **help**  
available

You do not have to leave  
your home to get **help**.

However, if you do  
need to leave there are  
**safe places available**.

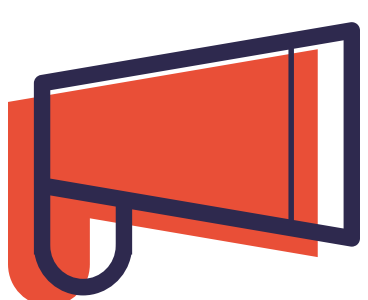


## Domestic Violence

- can affect anyone
- is **not** just physical violence
- it **hurts children** too

**02890 666 049**

admin@belfastwomensaid.org.uk  
www.belfastwomensaid.org.uk



in an emergency  
always dial

**999**

**women's aid**

Belfast and Lisburn

The Freephone 24hr Domestic  
and Sexual Abuse Helpline Tel:  
0808 802 1414

managed by Nexus NI open 24/7



**Belfast**  
City Council