

Further resources relating to grief and bereavement during the COVID 19 pandemic:

Regional Resources:

NI Bereavement Network and PHA:

[Grief And Bereavement During The COVID-19 Pandemic Supporting Yourself And Others](#)
[Death During COVID 19 Pandemic Practical Guidance](#)

Northern Ireland Bereavement Service:

<https://www.communities-ni.gov.uk/sites/default/files/publications/communities/dfc-ni-bereavement-service.pdf>

The Bereavement Service is a telephone based service that will allow you to:

- Report a death – The service will record the date of death and tell each office that paid benefit to the deceased.
- Check for help with Funeral Costs – If eligible the service can take claim details for a Funeral Expenses Payment over the phone or arrange a suitable call back.
- Check for help from a Bereavement Support Payment – If eligible the service can take claim details for a Bereavement Support Payment over the phone or arrange a suitable call back.
- Offer advice on potential benefits or other support that may be available.

Further information and contact details are available from www.nidirect.gov.uk/bereavement

Palliative Care in Partnership:

<https://pcip.hscni.net/covid-19/information-for-hsc-professionals/bereavement-and-grief/>

Northern Ireland Social Care Council: ‘Hope, Hints and How To; Helping you respond to living and dying issues during Covid-19’ which includes a section on ‘Grieving & Support during Covid-19’

<https://learningzone.niscc.info/storage/adapt/5e87625d5ee73/index.html>

Support Organisations:

Anam Cara (supporting Bereaved Parents):

<https://anamcara.ie/resources/resource-downloads/>

Cruse Bereavement Care:

<https://www.cruse.org.uk/get-help/coronavirus-dealing-bereavement-and-grief>

PIPS Upper Bann - 07342 332481 (available 24/7). PIPS Upper Bann continues to provide immediate therapy to anyone in our community who is experiencing suicidal thoughts, high levels of anxiety, poor mental health or bereaved over suicide.

Southern Trust Chaplaincy Support:

Chaplaincy Support - 028 3833 4444 (Every Day 10am-12noon) or **028 3083 5000** (Every Day 2pm-4pm).