

# Last year there were over 5,000 reported incidents of domestic abuse in the Southern Trust area.

**We are aware that some of these could have involved our own staff.**

## **FACT!**

*The PSNI receives calls about domestic abuse every 19 minutes*

If you are experiencing or suspect someone else is suffering from Domestic Abuse you can contact the 24 Hour Domestic and Sexual Violence Helpline on **0808 802 1414**.



For more information visit [bit.ly/SHSCTDomesticAbuse](http://bit.ly/SHSCTDomesticAbuse)

## Useful Contact Numbers

24-Hour Domestic & Sexual Violence Helpline	<b>0808 802 1414</b>
Women's Aid, Portadown	<b>028 3839 7979</b>
Women's Aid, Newry, Mourne, South Armagh, Down	<b>028 3025 0765</b>
Men's Advisory Project (MAP)	<b>028 9024 1929</b>
Call the Police 101 (In an emergency always call 999)	<b>101 or 999</b>
PSNI non-emergency	<b>028 9065 0222</b>
Childcare Gateway Team (Central)	<b>028 3741 5285</b>
Action on Elder Abuse Helpline	<b>0808 808 8141</b>
Citizen's Advice Bureau:	
Newry	<b>028 3026 2934</b>
Banbridge	<b>028 4062 2201</b>
Portadown	<b>028 3835 3260</b>
Lurgan	<b>028 3835 3260</b>
Armagh	<b>028 3752 4041</b>
Homelessness – Simon Community	<b>0800 171 2222</b>
Housing Rights, Belfast	<b>028 9024 5640</b>
24 hour Victim Support line	<b>0845 303 0900</b>
Samaritans	<b>028 3833 3555</b> <b>Free: 116 123</b>
Rainbow Project	<b>028 9031 9030</b>
PIPS Upper Bann	<b>028 3831 0151</b>
PIPS Hope & Support	<b>028 3026 6195</b>
PIPS Free Lifeline	<b>0808 808 8000</b>
SHSCT Occupational Health Department	<b>028 3756 4800</b>
SHSCT Human Resources Department	<b>028 3756 4207</b>
Inspire Workplaces	<b>0808 800 0002</b>